

FG Help Sheet: FitnessGram Report Descriptions

Report	Overview	When to Use
FitnessGram Student Report <i>(English and Spanish)</i>	Provides individual student's fitness test scores, the relationship of the scores to the Healthy Fitness Zone, and information on how to improve or maintain current fitness levels.	Educate youth about their health-related fitness including Healthy Fitness Zone Achievement. View individual fitness scores. Print or email reports to share with youth and parents.
FitnessGram Student History Report	Provides individual students' fitness test score history and tracks trends over time.	Allows youth to easily identify trends and compare scores over time. Track pre- and post- scores to assist with goal setting.
FitnessGram Class Score (PYFA) Report	Provides an overview of scores as Healthy Fitness Zone Achievement at the individual level for an entire class or multiple classes. Report Types available are: <ul style="list-style-type: none"> • HFZ Achievement: shows Healthy Fitness Zone achievement at the individual level • Score & HFZ: shows Healthy Fitness Zone achievement and raw score at the individual level 	Identify number of students eligible for the Presidential Youth Fitness Award (PYFA).

FitnessGram Overview Report	<p>Provides an aggregate-level overview of Healthy Fitness Zone Achievement by component. Report Types available are:</p> <ul style="list-style-type: none"> • Summary: shows Healthy Fitness Zone and Needs Improvement Zone percentages by gender. • Grade Level Comparison: compares HFZ percentages by component for each selected grade level. • (School/District/State Admin Only) School Year Comparison: compares three years of HFZ percentages by component • (District/State Admin Only) School vs. District: compares HFZ percentages for each selected school with the entire district. 	<p>View group level data to identify areas of focus for instructional planning, fitness equipment, and professional development.</p> <p>Identify areas of need for specific student groups. Track health-related fitness trends over time.</p> <p>Provide quantitative data for evaluation purposes.</p>
FitnessGram Completion Report	<p>Provides an overview of the percentage of students with FitnessGram scores entered into the system by state, district, school, or teacher. An average percentage is taken based on each health-related fitness component.</p>	<p>Identify percentage of students tested.</p> <p>Recognize gaps in data reported.</p>

FitnessGram Statistics Report	Provides an aggregate level statistical view of Healthy Fitness Zone Achievement including minimum, maximum, average, standard deviation and percent achieved by component, gender, class, grade, school, district, or state.	View group level data to identify areas of focus for instructional planning, fitness equipment, and professional development. Identify areas of need for specific student groups. Provide quantitative data for evaluation purposes.
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